## **Examination ECVSMR**

## Topics: TRAINING IN SPORTS MEDICINE AND REHABILITATION

according to Policies and Procedures

## Part 1: core knowledge

	ECVSMR
	percentage
	distribution
2.3.1. Objective assessment of the animal	
basis science needed for objective assessments	20-25
anatomy, exercise physiology, pathology	
biomechanics of animals and activities	
muscle and tissure physiology and pathophysiology	
apply and interpret the results of objecive measures	20-25
exercise physiology and pathology (e.g. aerobic and anaerobic capacity)	
gait analysis (kinetics, kinematics, EMG)	
muscle development, tone, function, strength	
assessment of pain	
assessment of function as it relates to daily activities and sporting	
activities	
2.3.2. Issues influencing athletic performance	10 to 15
preventive measures	
behaviour, cognitive demands, enviromental factors	
performance factors age, breeding, genetics	
nutrition, supplements	
types of sports, rules and regulations	
training techniques	
sport related risk factors, controversies	
welfare issues in animal sports and work	
sport event regulations, drugs and doping	
hostile environments (heat, altitude, hygrometry)	
2.3.3. principles and techniques of rehabilitation	20-25
physical modalities (laser, ESWT, ultrasound, electrotherapy)	
therapeutic modalities (hydrotherapy, magnetic fields, assistive	
devices, orthotics, prostethics)	
therapeutic exercise equipment	
scientific evidence for physical modalities	
Indications and contraindications	
manual therapy	
manipulative therapies	
2.3.4. general veterinary knowledge	20-25
identification of various diseases	
causes of diseases	
diagnostic tests (laboratory, imaging, pathology)	
epidemiology	